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WAITING FOR THE PUNCH LINE
SEINFELD'S ACT TAKES NEW FORUM {page 8}

IN FULL BLOOM
FLOWER LOVERS FLOCK TO TULIP FESTIVAL
{page 3}

REUNION
X MARKS THE SPOT FOR PAULA
DISH {page 10}

OTTAWA metro®
Monday, May 9, 2011
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News worth sharing.

Rock'n Roll. Legends

▶ Canadian rock 'n' roll legends Randy Bachman and Fred Turner rock out at the National Arts Centre yesterday closing out the Prairie Scene Festival, which featured a variety of artists from Canada's prairie region performing at different Ottawa venues.

MARC DESROSIERS/METRO

Prairie Scene Festival comes to a close

Playing classic tunes as well as pieces from the album they released last year, Randy Bachman and Fred Turner seem to have picked up where they left off in the '70s with hard-driving songs that speak to youth, the working class and the need to crank up the radio.

Video of captured Canadian released

Foreign Affairs acknowledges Taliban video is of captive Colin Rutherford

The federal government is saying little about a video of a Canadian captured by the Taliban during a trip to central Afghanistan.

Foreign Affairs spokeswoman Lisa Monette says the department is aware of the video released yesterday of Colin Rutherford, 26, of Toronto.

In an accompanying email, the Taliban threatened to put Rutherford on trial for espionage if Canada does not meet its demands. Taliban spokesman Zabiullah Mujahid did not list the demands, saying the Canadian government was aware of what the Taliban want.

In February, Foreign Affairs said Rutherford went missing after travelling to the country as a tourist, but has released little other information. Ottawa says Canadian officials continue to work with Afghan authorities to help Rutherford's family secure the man's "safe release." THE CANADIAN PRESS

On the video

- **Date** It was not immediately known when the video was shot.
- **Questions** On the video the man is asked a series of questions and identifies himself as Rutherford and says he is a Canadian.
- **No comment** His family has not commented publicly on the case.

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Urban walk reveals new facets of the city

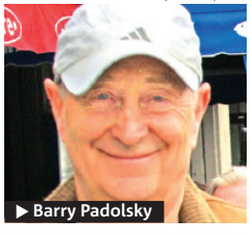
She passes through the courtyards in the ByWard Market every day to go the school, but Angela Plant didn't know until yesterday that they were designed as corridors leading to the Notre Dame Basilica on Sussex Drive.

That was just one of the discoveries for Plant and about 25 others who participated in yesterday's Jane's Walk in honour of American urban planning guru, Jane Jacobs.

"I really agree with Jane Jacobs and the idea that your city is meant to be for you and you should appreciate what's going on around you because it's your living environment," Plant said.

Local architect, Barry Padolsky, led the group tour as he discussed the past of landmarks such as the ByWard Market building and the Market Media Mall, as well as the future of what a pedestrian mall might look like on the north end of William Street. His one hour tour challenged people to think about how Ottawa should grow, and what Jacobs might have envisaged for the city. JOE LOFARO

JOE LOFARO/METRO



▶ Barry Padolsky

JESSICA SMITH/METRO

▶ Elisabeth Mertens enjoys a quiet Mother's Day at the Tulip Festival with her daughter, Emma.

Blooming perfect for mom

Sun comes out, tulips flower in time for annual festival and Mother's Day

JESSICA SMITH
@METRONEWS.CA

Instead of bringing flowers to mom on Mother's Day, they brought Mom to the flowers.

Families came to the Tulip Festival yesterday at Major's Hill Park to enjoy the sunny weather, snap photos of the flowers and spend time with mom.

"We've been coming here on Mother's Day the last couple of years," said Elisabeth Mertens. She and her daughter Emma, 22 months, went to the festival with five other members of their family to celebrate Mother's Day.

The Lai family drove all the way from Mississauga because their mom, Joy, loves flowers and it was her birthday over the weekend.

"The tulips are beautiful and so is our mom."
THOMAS CURLEY, FATHER OF KAYLAH, 5, AND MAYA, 3

"I said the only thing I want for my birthday and Mother's Day is to come here and see the tulips," she said.

For Lisa Smith, celebrating Mother's Day is more about her kids, five-year-old Rowan and three-year-old Payton, than her.

"They were so excited to give me the stuff that they'd made and see my reaction," she said.

The Canadian Tulip Festival is on at Major's Hill Park and Commissioner's Park until May 23. For more information, visit www.tulipfestival.ca.

1 news

Bob Rae's talk of an NDP-Liberal merger gets the cold shoulder from the NDP.
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Government officials remain tightlipped after Taliban releases video of missing Toronto man. Video at metronews.ca.

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Search for B.C. man continues in Nevada

- Missing man's wife survives 7 weeks in wilderness
- Relied on snow, trail mix to stay alive

Sheriff's deputies searched for the husband of a Penticton, B.C., woman who survived for seven weeks after they became stranded in remote mountains in Nevada, holding out hope that he could still be alive.

Rita Chretien, 56, told investigators the last she saw of Albert Chretien, 59, was on March 22, when he set off for help on foot with a GPS unit three days after their van got stuck in mud on a national forest road in Elko County.

THE CANADIAN PRESS/RCMP HANDOUT

▶ Rita Chretien

Sheriff's Det. James Carpenter said crews were not yet ready to turn the rescue mission into a recovery operation.

Deputies from Nevada and Idaho's Owyhee County are searching the rugged river canyons and mountain sides along the north border of the Humboldt-Toiyabe National Forest. **THE CANADIAN PRESS**

Afghan. Education

▶ Canadian Cpl. Gabriel Ferland teases children on their way to school in the town of Salavat, Afghanistan yesterday. "This is the best thing that happened to me in Afghanistan in 18 months — children going to school," Ferland says.

COLIN PERKEL/THE CANADIAN PRESS

Hundreds of boys off to school

Not a single kid or teacher showed up when the eight-room school in Salavat, Afghanistan, opened about a month ago. "The insurgents told us, 'Don't go to the school. If you guys go, we will cut off your ears,'" says one boy. The Taliban have long opposed secular education, arguing it corrupts the mind. But each morning now, boys and teens head to the school for the first formal education of their lives.

Bin Laden's wives on U.S. radar

The United States wants access to three widows of Osama bin Laden being held by Pakistani authorities to help answer questions about whether any officials knew the al-Qaida chief was living in the country, a U.S. official said.

Information from the three women left behind in the house after American commandos killed bin Laden could also reveal his day-to-day life, what he has done since the invasion of Afghanistan in 2001 and the workings of al-Qaida. Several children were taken into custody, some believed to be bin Laden's.

THE CANADIAN PRESS

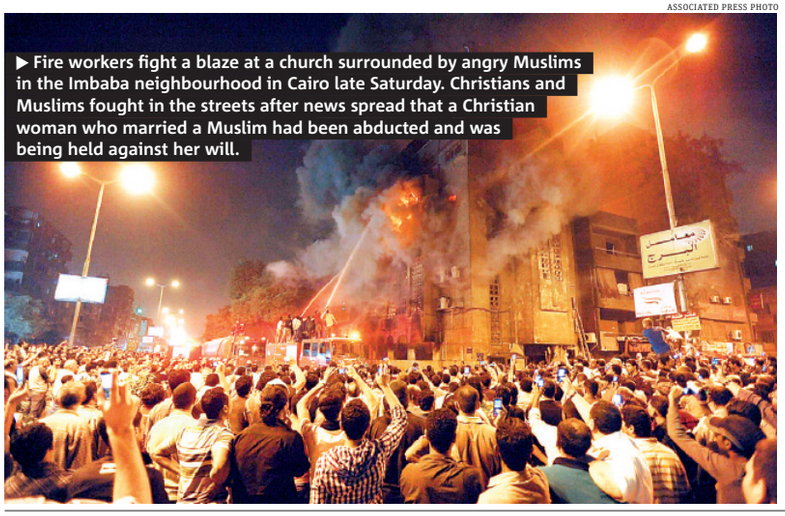
New NDP MP shocked by victory

The NDP's Ruth Ellen Brosseau told a newspaper that her victory was a shock.

The single mom says she plans to quit her bartending job and is working on improving her French language skills.

THE CANADIAN PRESS

ASSOCIATED PRESS PHOTO



▶ Fire workers fight a blaze at a church surrounded by angry Muslims in the Imbaba neighbourhood in Cairo late Saturday. Christians and Muslims fought in the streets after news spread that a Christian woman who married a Muslim had been abducted and was being held against her will.

Religious riots in Egypt turn deadly

Residents say police are doing nothing to intervene

Relations between Egypt's Muslims and Christians degenerated to a new low yesterday after riots overnight left 12 people dead and a church burned.

The attack on the church was the latest sign of assertiveness by an extreme, ultraconservative movement of Muslims, known as Salafis, whose hostility toward Coptic Christians recently has met with little interference from the country's military rulers.

The violence erupted late Saturday with Muslims and Christians pelting each other with stones in another part of Cairo.

The bloodshed began after news spread that a Christian woman who married a Muslim had been abducted and was being kept in a church against her will.

THE ASSOCIATED PRESS

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City breakdown

Seasonally adjusted April unemployment rates for five major cities (previous month in parentheses):

- Ottawa: 6.3 per cent (6.5 per cent)
- St. John's, N.L.: 5.7 (6.5)
- Montreal: 8.0 (8.1)
- Toronto: 8.5 (8.5)
- Vancouver: 8.4 (8.2)

Lost jobs regained: StatsCan

Canada's employment recovery is almost complete after a strong April added 58,300 new jobs, enough to finally lift full-time work back to pre-recession peaks. In an unexpected twist, almost all the jobs — 54,800 — were created in Ontario, whereas in the rest of the country employment was mostly flat.

The overall unemployment rate fell one-tenth of a point to 7.6 per cent, matching the lowest level since the early months of the 2008 recession, when it peaked at 8.7 per cent. The weak spot was that most, 41,100, were part-time jobs.

Even so, the addition of 17,200 full-time employees was almost enough to match economists' expectations for all workers, though total hours remained slightly under the pre-recession peak.

THE CANADIAN PRESS

Traders eye U.S. economy

That, and Canadian company earnings, seen as bellwether of economic health, ongoing recovery

After a steep decline last week that saw the Toronto stock exchange lose most of its gains since the start of the year, investors are expected to cast a wary eye on this week's U.S. economic reports.

Among the numbers coming out this week will be April figures on retail sales, consumer prices and consumer confidence, all of which will point to how the world's largest economy is faring in the second quarter.

Traders will also be focused on first-quarter reports from Canadian companies, including Tim Hortons, Lundin Mining, Iamgold Corp. and Canadian Tire. Their earnings will be scrutinized for signs of how the Canadian economy is faring.

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
+ 111.2 (13,566.6)	+ 0.13¢ (103.41¢ US)
Oil	**Natural gas**
– $2.62 US ($97.18 US)	1,000 cu ft $4.297 US (– 3.4¢ US)
	Gold contracts $1,491.60 US (+ $10.20 US)

About half of the 248 companies that make up the TSX composite index have reported earnings so far this season. A majority, 39 out of 69, beat analysts' expectations, with 23 missing.

"It's certainly positive, but I find that the big picture is really the overall sentiment," said Jennifer Dowty, portfolio manager for Manulife Asset Management. "You can have a company that reports reasonable numbers, but if the whole market is in a downdraft and no one wants to step in and buy, the upside potential may be capped."

THE CANADIAN PRESS

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FEW SAINTS IN OTTAWA'S HISTORY

URBAN COMPASS

STEVE COLLINS
METRO OTTAWA

The Laurier Bridge, which crosses the canal near city hall, bears a plaque dedicated to the Hon. J.I. Tarte.

Uh, who? Fair question. Joseph-Israel Tarte was Wilfrid Laurier's minister of public works from 1896 to 1902, and point man on dispensing government pork and patronage to the Liberal faithful in Quebec. "Elections," he famously said, "are not won by prayers."

Many might question why this pioneer of the dark underbelly of our politics has his name on our bridge, but we're accustomed to living politicians plastering the names of dead ones on our streets, buildings and bridges, perhaps hoping future politicos will do the same for them. None are saints — we don't name churches after them — and numerous of the less than reputable have left their mark on Ottawa.

"This stance oversimplifies both our history and the people who made it. (Charlotte) Whitton was a notable mayor. She was also grotesquely wrong on an important question of her day ..."

Which brings us to the proposed naming of a new city archive building after Charlotte Whitton, who served as Ottawa's first female mayor from 1951-56 and again from 1960-64. She is credited with modernizing the city's public service, pushing for low-cost housing and, finally, after decades of dithering by the men who preceded her, building a new city hall. The old one had burned down in 1931.

"Whatever women do they must do twice as well as men to be thought half as good," the trail-blazing mayor memorably quipped. "Luckily, this is not difficult."

As a member of the Canadian National Committee on Refugees, Whitton also successfully lobbied to shut Canada's doors to European Jews fleeing the Nazis. Those for whom Whitton's evident anti-Semitism outweighs her accomplishments oppose any honours for her.

This stance oversimplifies both our history and the people who made it. Whitton was a notable mayor. She was also grotesquely wrong on an important question of her day, but she was hardly the only one. It was Mackenzie King's government that ultimately turned the Jewish refugees away. There's a bridge over the canal named for him, too.

The Famous Five, crusaders for women's suffrage, are honoured with a statue on Parliament Hill, despite the obscene positions some of them took on non-white immigration and eugenics.

The new library and archives will be a repository for Ottawa's history, and there would be irony in either glossing over Whitton's bigotry or sanitizing the record by wiping her name from city facilities.

If we name the building after Whitton, it shouldn't be an unalloyed honour, but an honest commemoration of her achievements and flaws.

metro life panel

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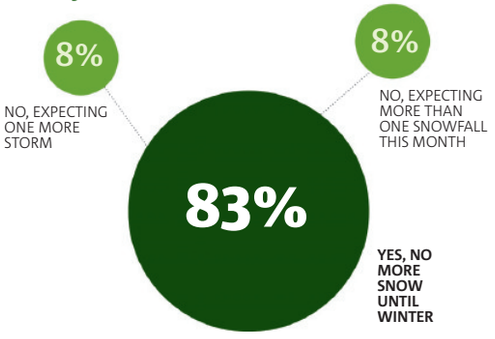
Has your city seen the last snowfall of the year?



Local tweets

- **@nadine thornhill:** My Mother's day card, featuring drawing of a parking garage because, according to my son I am "a good parker." #MothersDay
- **@sylvien:** Happy Mother's Day to all the mothers I know and the ones who are about to be.
- **@saberno9:** HAPPY MOTHER'S DAY TO ALL THE MOTHERS OUT THERE! This day is dedicated to u all, so relax and enjoy ur day!
- **@MeganLeeGlover:** Come by for a #scrumptious Mammas Day brunch at #TheTartan #nomnomnom #happymothersdaymaja #fb
- **@theodotblog:** Millions of mothers scheme perfect time during celebrations to launch questions of marriage, babies, & body weight at their kids today.
- **@white_violets:** As much as I appreciate moms and Mother's Day, I do not appreciate working Sunday brunch. #sleepplease
- **@solemom:** @zfirestar @moff @Firetruck_F Let's be honest, it's also in honour of "I really don't want to cook dinner, AGAIN." ;)

Worth mentioning

AMSTERDAM, NETHERLANDS. Denmark earns the biggest share of its national revenue from producing windmills and other clean technologies, the United States is rapidly expanding its clean-tech sector, but no country can match China's pace of growth, according to a new report obtained by The Associated Press.

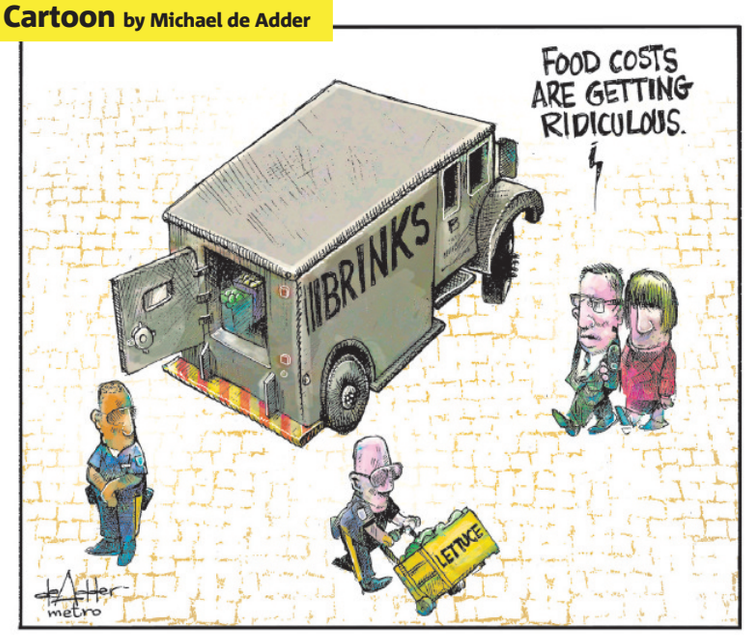
China's production of green technologies has grown by a remarkable 77 per cent per year, according to the report, which was commissioned by the World Wildlife Fund for Nature and which will be unveiled today at an industry conference in Amsterdam.

Denmark derives 3.1 per cent of its gross domestic product from renewable energy technology and energy efficiency, or about $9.4 billion US, the report said. China is the largest producer in money terms, earning more than $64 billion, or 1.4 per cent of its gross domestic product.

The U.S. ranks 17th in the production of clean technologies with 0.3 per cent of GDP, or $45 billion.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

I do, I do, I do, I do, I do, I do, I do ...

About 350 couples in Bolivia were married according to Indian customs and traditions in a colourful Andean mass wedding with President Evo Morales presiding as best man.

Saturday's ceremony was held at a colosseum in La Paz, the capital, that was adorned with large white flowers and indigenous banners. Several bands serenaded the couples.

Indian religious leaders presided over the wedding as did symbolically Pachamama — the earth deity of the Aymara and Quechua races of Bolivia's highlands Indians.

And Morales gave a speech to the couples, who crowded the arena's floor wearing multicoloured native ponchos and hats.

Before the ceremony, each couple married in a civil ceremony.

THE ASSOCIATED PRESS

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2 scene

Seinfeld discovers the world wide web

Famous comedian decides it's time to get online Why now is the perfect time to launch his unique website — and it has nothing to do with flaunting his past fashion choices

DOROTHY ROBINSON
SCENE@METRONEWS.CA
METRO WORLD NEWS

GETTY IMAGES

▶ Jerry Seinfeld has launched a website, jerryseinfeld.com, that will have clips of his old performances.

Most working comedians know the importance of having a web presence to list upcoming events, promotional material, and hopefully develop a much-needed fan base. But when you're a comic on the level of Jerry Seinfeld, do you really need a way to promote yourself? Well, yes — just in a different way.

"I wanted a very restricted concept; I didn't want to have a site with like mugs t-shirts, concert dates. I find that annoying," he says about how his new site, jerryseinfeld.com, will be different. "I just couldn't wait any longer and I finally came up with an idea that I liked."

Instead, the site, which launched on Friday, is a repository of nearly every recorded comedy appearance from Seinfeld — a career that spans 36 years. One of Friday's introductory clips was from his first time on The Tonight Show Starring Johnny Carson in 1981 — posted 30 years to the day.

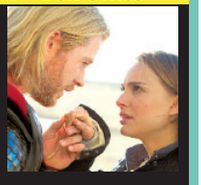
Seinfeld, who is very hands-on with the site, felt it was important not to post all clips at once (there are more than 1,000). Rather, he will pick three a day to profile.

"I'm almost more proud of the fashion than I am of the comedy," he quips about digging deep into his archives. "My fashion choices were so good, you are not even going to notice the clothes. In the '70s and '80s I look good — it's the '90s where my choices start to get questionable."

A comedian through and through — he shrugged off questions about acting in any new movies or TV shows ("acting is for people who don't have anything to say") — he told us about sneaking into New York comedy clubs every few weeks to keep honing his act before he tours. In fact, one reason for launching jerryseinfeld.com is to attract a younger fan base.

"This site is really about my attempt to cultivate the world of stand-up comedy with young people," he says with a slight Seinfeld-smirk. "The same way the skinheads and Klu Klux Klan do — you gotta get them indoctrinated young. So really, I'm taking a page from their book."

Box Office



Thor smashed the competition at the box office with a $66 million opening weekend. In second place was a holdover from last week, the car-racing sequel Fast Five from Universal Pictures. It made $32.5 million for a total of nearly $140 million in just 10 days. Jumping the Broom from TriStar Pictures came in third with $13.7 million, higher than studio expectations, which were around $10 million. In fourth place was the Warner Bros. romantic drama Something Borrowed, based on the Emily Giffin bestseller, which made about $13.2 million.

THE ASSOCIATED PRESS

Bieber to record cyberbullying PSA to resolve charges in mall frenzy

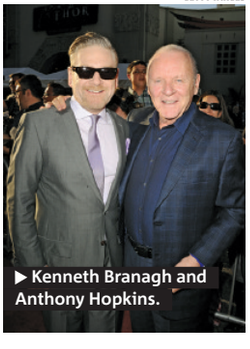
Branagh inspired by his actor Hopkins

After 30 years in film as an actor and director, Kenneth Branagh is right where he should be. As his latest directorial effort, Thor, hit theatres Friday, the 50-year-old Branagh said his experience on both sides of the camera is lining up perfectly with his appetite, which inspires a new enthusiasm for each craft.

"It's like returning to when I was 16 and first did a school play and thought, 'Oh, this is what I should do. This is what I'm supposed to do,'" he said. "Somehow I feel as though, at least for this little tiny moment in my life perhaps, I've landed back in some moment where I feel, if nothing else, it's right what I'm doing. For me," he said.

Branagh commanded a cast that included Oscar winners Natalie Portman and Anthony Hopkins in Thor. Then, while editing and putting the finishing touches on the film, he stole away to play Lawrence Olivier opposite Michelle Williams' Marilyn Monroe in the indie flick My Week With Marilyn.

GETTY IMAGES



▶ Kenneth Branagh and Anthony Hopkins.

Playing such a weighty role during Thor post-production "was something of a stretch, I have to tell you," Branagh said.

But Branagh said he delighted in the experience.

"I ran at it with a relish for acting which was borne out of partly, literally seeing Tony Hopkins at work, and the others, but also talking to Tony, who had worked with Olivier himself," Branagh said. "(He) knew him well, and had many war stories, many intimate observations of the way Olivier was, and that to some extent gave me the confidence to try and do it."

THE ASSOCIATED PRESS

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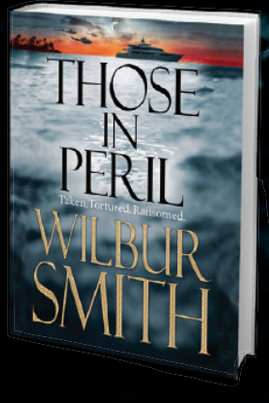

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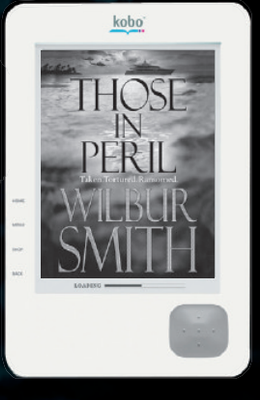

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It's official: Paula and Simon are back together

Ex-American Idol judges will team up again for U.S. version of X Factor

ALL PHOTOS GETTY IMAGES

▶ Paula Abdul and Simon Cowell

Paula Abdul is officially going back to work for Simon Cowell, as she recently closed a deal to serve as a judge on Cowell's American version of X Factor, according to the Hollywood Reporter.

Abdul joins fellow judges Cowell, producer L.A. Reid and Cheryl Cole, who served as a judge on the U.K. version of the show.

The deal was reportedly signed just in time for Abdul to start work taping the show's judging rounds.

METRO

▶ David Beckham

Beckham, son in fender-bender

David Beckham was involved in a fender-bender on the freeway in L.A. over the weekend, according to People magazine.

"Mr. Beckham's black Cadillac SUV collided with the rear of a gold Mitsubishi in the carpool lane," a California Highway Patrol spokeswoman says.

The Mitsubishi was reportedly broken down in the carpool lane and not moving when the collision occurred.

The other driver was taken to a hospital to treat minor neck pain, while Beckham and his 12-year-old son, Brooklyn, were uninjured.

METRO

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LiLo not converting

Reports surfaced late last week that John Travolta was taking Gotti co-star Lindsay Lohan "under his wing," prompting rumours that the troubled starlet was considering becoming a Scientologist.

But sources close to the actress — who started her court-ordered community service over the weekend — insist the rumors are false, according to TMZ.

The sources say Lohan has no plans to join the controversial church and hasn't been invited to visit by any current members.

Lohan reportedly has nothing against Scientology but was raised Catholic and plans to stay that way.

METRO

▶ Lindsay Lohan

Celebrity tweets

@victoriabeckham

"i have been told to wear something waterproof for my baby shower!!!! I'm now very nervous!!!!"

@SarahKSilverman

"It's important to teach kids in their formative years that whatever they're feeling- DON'T TRUST IT"

@Karl_Lagerfeld

"Luxury is the ease of a t-shirt in a very expensive dress."

@tomhanks

"Book up for your summer reading from YOUR LOCAL BOOKSTORE.

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SETH WENIG/THE ASSOCIATED PRESS

▶ Amy Richards poses for a picture with her sons Webber Sloan, 7, left, and Beckett Sloan, 5, on a fire escape at their apartment in New York. Richards is a feminist activist and author of Opting In: Having a Child Without Losing Yourself.

The gender bender

Today is Pink Toenail Day for families who promote modern interpretations of gender roles
A controversial J. Crew ad inspired the day by celebrating a boy's love of the colour pink

If a girl wants to try her hand at baseball or ice hockey, she's likely to be praised as plucky. But if a boy likes the colour pink? Well, that's a toenail of a different colour.

Last month, J. Crew unleashed a furor when a promotion depicted its creative director, Jenna Lyons, painting her five-year-old son Beckett's toenails with pink nail polish. "Lucky for me, I ended up with a boy whose favourite colour is pink," the caption read.

Dr. Keith Ablow, a psychiatrist and regular guest on Fox News, didn't approve.

"It may be fun and games now, Jenna, but at least put some money aside for psychotherapy for the kid," he wrote on Foxnews.com. "This is a dramatic example of the way that our culture is being encouraged to abandon all trappings of gender identity."

In fact, Lyons and her son had stepped on a cultural land mine. Gender stereotypes for America's children are less rigid than in the past, but they remain a pervasive part of popular culture and a benchmark for parents. Moreover, the changes in recent decades have been more dramatic for girls than boys.

"I try not to overemphasize masculinity and devalue femininity,"
AMY RICHARDS, FEMINIST AND AUTHOR

So Ablow quickly found support. One Million Moms, an offshoot of the conservative American Family Association, urged followers to write protest letters to J. Crew and asserted that "nontraditional activities ... can be destructive and damaging to a child's identity and self-esteem."

Just as quickly, there was a backlash from people who liked Beckett's pink toenails. Hundreds of people accepted a Facebook invitation to join "Pink Toenail Polish Day" on Monday, and Anne Fausto-Sterling, a professor of biology and gender studies at Brown University, urged Lyons' critics to "take a deep breath" and not worry if kids don't always fit a "cardboard cutout stereotype of gender roles."

"Kids explore, sample, test and learn," she wrote in a Psychology Today blog. "They should have the freedom to do this and the strength to grow into interesting human beings."

THE ASSOCIATED PRESS

How 'sexing up' young girls makes them feel 'grown up'

From suggestive ads to skin-baring magazine covers, there is no shortage of provocative imagery showcasing women in a sexual manner in a bid to raise eyebrows and boost bottom lines.

But such depictions are also reaching a younger, impressionable audience.

A U.S. retail chain recently added fuel to the long-simmering debate surrounding products and imagery of a sexually suggestive nature being marketed towards girls.

In March, Abercrombie & Fitch made headlines after featuring push-up bikini tops for girls in the spring line of its children's label. Amid the uproar, Abercrombie Kids announced it would continue to sell the Ashley swimsuit which it recategorized as "padded," stating on its Facebook page the label agreed with those who said it was best "suited" for girls age 12 and older.

"Marketers employ developmental psychologists." said Lyn Mikel Brown, co-creator of Hardy Girls Healthy Women, a non-profit organization dedicated to the health and well-being of girls and women.

CHRIS YOUNG/ THE CANADIAN PRESS

▶ Miley Cyrus

"It's not so much they want sexy products, but they want to be different from their parents. They want to fit in, be cool, be hip.

"And frankly, I think they really use the sexualization stuff because it does upset parents and because this is a way young girls can say: 'I'm grown up."' Brown delivered a keynote address on the sexualization of girls in media in Toronto where she spoke extensively about the "sexing up" of female athletes and the sexualization of products geared towards female consumers.

Brown, pointed to young child stars like Miley Cyrus and Lindsay Lohan who became more sexualized as they moved towards adulthood.

THE CANADIAN PRESS

3 life

Pretty in Pink

Give the person you love the gift of hope with the GiveandGo Visa card. An embedded donation goes to the Canadian Breast Cancer Foundation while the balance gets you the purchase of your choice. $50 gift cards can be used wherever Visa is accepted. Visit givepink.giveandgovisa.com.

METRO

Time to give up the baby bottle? Prolonged use associated with obesity: Study

Add Italian flavour to your life

Try this Asian-Italian take on spinach, goat cheese and roasted pepper cannelloni

East and West combine for these cannelloni, which are made by rolling a very Italian-style filling of spinach, cheese, mushrooms and roasted red peppers in Asian-style egg roll wrappers.

Ricotta cheese combined with tangy goat cheese gives the filling some bite, but if you prefer you can use all ricotta for milder results.

Here we've called for jarred marinara sauce as a convenience, but by all means use homemade sauce if you have it.

Look for fresh egg roll wrappers in the produce aisle (often near the tofu) of most supermarkets, or purchase them at Asian specialty markets.

Preparation:

1. Spread 1/2 cup (125 mL) of the marinara sauce in bottom of 13 x 9 inch (3.5 L) baking dish; set aside.
2. In bowl, using a fork, mix together ricotta, goat cheese, parsley, basil and cornstarch until well combined. Season with salt and pepper.
3. Lay an egg roll wrapper on work surface. In a strip along one edge, spoon about 1/4 cup (60 mL) of the cheese mixture. Top with a bit of the spinach, roasted peppers and mushrooms.
4. Roll wrapper into a tube around the fillings, moistening the edge with water and pressing it firmly to seal. Transfer to prepared baking dish. Repeat with remaining wrappers and filling.
5. Pour remaining marinara over cannelloni, to cover completely. Bake in 375 F (190 C) oven for 30 minutes. Sprinkle with Parmesan and bake for 5 to 10 minutes until golden.

Nutrition

Information per serving.

371 calories; 111 calories from fat (30 per cent of total calories); 12 g fat (7 g saturated; 0 g trans fats); 39 mg cholesterol; 44 g carbohydrate; 24 g protein; 4 g fibre; 1,437 mg sodium.

Ingredients :

- 3 cups (750 mL) jarred marinara sauce, divided
- 1 1/2 cups (375 mL) part-skim ricotta cheese
- 4 oz (125 g) soft goat cheese
- 2 tbsp (30 mL) chopped fresh flat-leaf parsley
- 2 tbsp (30 mL) chopped fresh basil
- 1 tbsp (15 mL) cornstarch
- Salt and pepper
- 10 egg roll wrappers (6-inch/15 cm)
- 1 1/2 cups (375 mL) baby spinach
- 1 jar (12 oz/340 mL) roasted red peppers, drained and cut into (1/2-inch/1 cm) wide strips
- 10 small cremini mushrooms, thinly sliced
- 1/2 cup (125 mL) grated Parmesan cheese

MATTHEW MEAD/THE ASSOCIATED PRESS

▶ These cannelloni are made by rolling a very Italian filling of hearty spinach, cheese, mushrooms and roasted red peppers in Asian-style egg roll wrappers.

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Making green moves

Selecting eco-friendly moving companies and what services they offer

BEN KNIGHT
LIFE@METRONEWS.CA

ISTOCK PHOTO

▶ Sometimes the best tip for moving is to giveaway those items you don't need anymore.

Packing everything you own into boxes and moving from one home to another is one of the most chaotic, disruptive times in anybody's life. If ever there's a day to forget all about the environment, it's the day you move.

Intriguingly, Canada's biggest and oldest moving companies don't agree. Mayflower Canada, United Van Lines and many others now offer helpful, inexpensive green options to help you tread softly on the planet while moving to your new home.

"Moving, historically, has not been anything that's been environmentally friendly," says Lisa Hulet, vice-president of marketing for Mayflower Canada. "A lot of customers didn't know there were alternatives."

Mayflower launched its Go Green program late in 2009.

Their trucks don't idle and conserve gas by not speeding.

The company also offers a range of useful, eco-friendly services to make the process cleaner.

"Before the truck even arrives, the moving consultant would go into the customer's house and talk about what they need to move, and what stuff they don't want to move," Hulet explains.

"We have a partnership that can safely remove all your old electronics in an environmentally friendly manner."

Mayflower has forged an alliance with disposal company 1-800-Got-Junk, for example, and 80 per cent of its pickups are recycled, or distributed to charities.

"It's about educating the consumer — and the movers themselves — to offer more environmental best practices," Hulet notes. "For the customer, it's about educating them before the moving truck even comes to the door."

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From tragedy to triumphant return

Struck by a roadside bomb in Iraq five years ago, reporter Bob Woodruff tells his own story

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

There was a blinding flash of light and a loud explosion.

ABC news anchor Bob Woodruff's life changed in an instant.

In Iraq to report on U.S. troops in 2006, Woodruff was in an armoured vehicle when a roadside bomb went off leaving him with serious head injuries.

In a medically induced coma for 36 days, the recovery was long and tortuous as he willed his damaged brain to heal and struggled to speak again.

Now back at work at ABC as a correspondent, Bob Woodruff is coming to Canada to tell his story at the Ability and Beyond Gala in aid of March of Dimes.

"Recovery is a difficult road but don't ever give up. Lives definitely change but sometimes for the better.

"If things don't work out the way you thought, find another way or use a different strategy. It's not easy. Just keep thinking and planning," said the reporter.

I ask Mr. Woodruff for a final thought and the words come quickly from the man who has been to war and fought a personal medical battle.

"Never surrender."

HANDOUT

▶ News anchor Bob Woodruff had been working for ABC for nearly 10 years when he was critically injured in Iraq.

Web. Kids

Connect kids with the news

Want to keep your children aware of what is going on in the world around them?

A new children's website, gogonews.com, launched today that provides parents and educators with filtered, global news to keep kids informed.

The website provides breaking news as it happens, along with fun facts about people and places, brain teasers and puzzles, environmental lessons, and editorial picks for books, museums and toys.

It also filters out news stories that may not be appropriate for your child's age.

METRO

You Khan do it!

Accidental entrepreneur's mega-popular YouTube videos are shaking up a tired education system

595559

It all started a few years ago with Salman Khan recording a series of primitive-looking web videos to help his cousins with some grade-school math problems.

Strangers began tuning into his educational videos on YouTube so he kept going and started creating videos that effectively explained the ins and outs of algebra, bacteria, cancer, deductive reasoning, embryonic stem cells and hundreds of other topics.

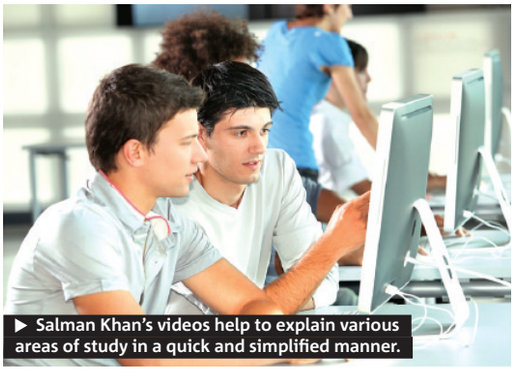
Now, Khan's more than 2,200 videos have been viewed on YouTube more than 52 million times and his non-profit website, the Khan Academy, has the backing of big names like Bill Gates and Google. The Bill and Melinda Gates Foundation has donated $1.5 million, Google kicked in $2 million and he gets advertising revenue through videos posted on YouTube.

Khan hasn't stopped - he spends most of his days working on new videos - and hopes his growing project will be a disruptive force that shakes up the education system, forces innovation and maybe even gets the price of schooling to decrease. Perhaps even down to zero, or the cost of an Internet connection.

"My mindset back when I started was that I would really like to make something that would eventually be a resource on the web where anyone could learn anything," Khan explained in a recent interview.

"I envisioned it as something for individual learners or self-motivated learners, or maybe homeschoolers, then after a couple summer camps started to use it I thought, 'Wouldn't it be cool if this was like the operating system for a real school?"'

ISTOCK



▶ Salman Khan's videos help to explain various areas of study in a quick and simplified manner.

THE CANADIAN PRESS

How to handle the home stretch

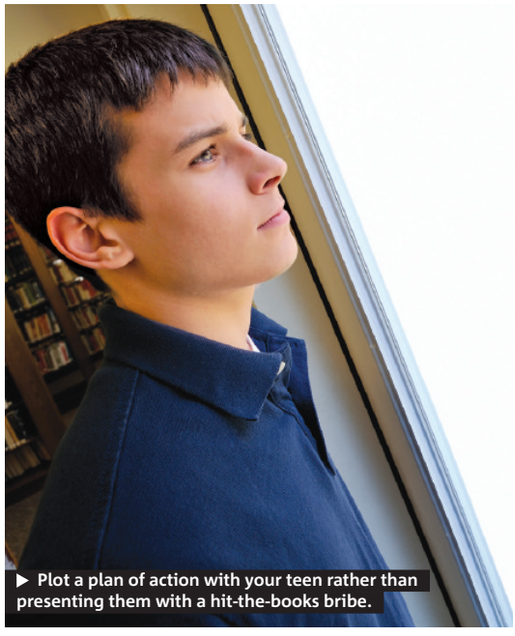
Keeping kids on track in their final months of school is all about accomodation Bribes ain't gonna work

RICHARD WOODBURY
LIFE@METRONEWS.CA

With summer vacation visible and on the horizon, it can be tough for teens to maintain focus on their studies during the home stretch.

"It's a huge problem this time of year," says Judy Arnall, a speaker and best-selling author from Calgary. "The stretch between spring break or the Easter holidays and the end of June is probably the hardest one because the weather is getting nicer and kids want to be outside more."

For parents looking to help their kids break out of this funk, Arnall says parents must show empathy and an understanding of what their kids are going through.



▶ Plot a plan of action with your teen rather than presenting them with a hit-the-books bribe.

"The parent's role is to show empathy and to facilitate problem solving with their teens," she says.

This requires parents to be flexible and accommodating with what their teens feel they need to do to succeed.

Arnall also recommends parents map out a plan with their kids and break it down into small chunks so that what lies ahead doesn't seem so daunting.

Even if there are disappointing academic results, parents must continue to be encouraging.

"It's important for parents to be very positive, to really appreciate what the students have done right," says Mark Federman, an education speaker from Toronto.

He says it's common for parents to focus solely on the results of a test or paper and say things like work harder or study harder. He cautions that this is not the right approach.

"The student perceives this as punishment, even though the parent may intend it as encouragement," says Federman.

This is why he encourages parents to highlight the positives because it will help boost their teen's self-esteem.

One other possible way of motivating them is through offering incentives, but this isn't a great idea.

Arnall says it sets up an expectation and a sense of entitlement Federman isn't a fan either.

"My philosophy is extrinsic motivators only work to a very limited degree because with carrots and sticks, you inevitably need bigger sticks and sweeter carrots," he says. "It's a really bad habit for people to get into to providing these extrinsic motivators."

Active learning

For teens looking to regain focus, exercise is one way of getting it:

- "Exercise releases all those endorphins and hormones to the brain and does put people in a better mood," says Judy Arnall, a speaker and best-selling author.
- Whether it's a walk around the block or a game of soccer, it's important for teens to get exercise through their preferred activity.
- If teens can't focus while studying, they should take a break. Arnall says it will get their mind off the topic at hand and they will return to their studies with much clearer focus.

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NURSING WEEK

ISTOCK IMAGES

Nursing week

- **"Canada's registered nurses** are over a quarter of a million strong," says Judith Shamian, president of the Canadian Nurses Association. "They are involved in every aspect of our health system —research, patient advocacy, health policy and administration, public health, prevention and management of chronic disease, rehabilitation and recovery."
- **National Nursing Week** is held during the second week of May every year to celebrate Canadian nurses and their dedication to patient care and the health-care system.
- **May 12,** which is Florence Nightingale's birthday, was designated International Nurses Day in 1971. Nightingale was a celebrated English nurse known for her pioneering efforts to reform the British military health system. May 12 is also recognized as Canada Health Day. METRO

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What kind of education do you need? In the Atlantic provinces, Ontario, Saskatchewan and B,C., new graduates are required to have a baccalaureate degree in nursing as their initial program. In all other provinces and territories, candidates have a choice of a diploma or a baccalaureate degree in nursing as their initial program.

For more information about nursing programs, visit the Canadian Association of Schools of Nursing at casn.ca or the Association of Community Colleges of Canada at accc.ca. METRO

Where to work

Where nurses work in the community:

- Health clinics
- Schools
- Home care
- Family planning clinics
- Poison control centres
- Prenatal and baby clinics
- Rehabilitation centres
- AIDS hospices

Where nurses work in a hospital:

- Emergency
- Intensive care
- Operating room
- Maternity
- Cardiovascular (heart)
- Oncology (cancer)
- Psychiatry
- Pediatrics (children)
- Palliative (dying people)
- Geriatrics (seniors)

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- Health Promotion Agencies
- Hospitals and Rehabilitation Clinics

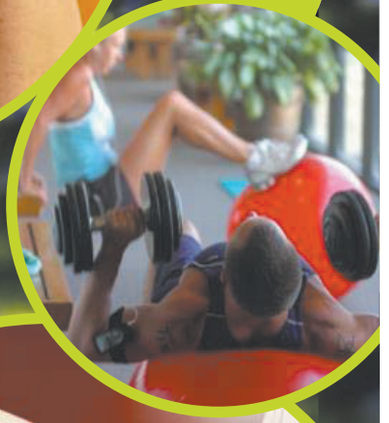
Fitness and Health Promotion subject matter includes:

- Anatomy and Physiology
- Exercise Physiology
- Nutrition and Wellness
- Community and Civic Life
- Leisure Program Design & Management
- Group Exercise
- Fitness Assessment & Program Design
- Biomechanics & Kinesiology
- Personal Training and Programming
- The Business of Personal Training
- Advanced Exercise Techniques

Certification
This program helps prepare you for these Can-Fit-Pro certifications:

- Fitness Instructor Specialist (FIS)
- Personal Training Specialist (PTS)
- Nutrition & Wellness Specialist (NWS)
- Pre & Post Natal Fitness Specialist (PFS)
- Older Adult Fitness Specialist (OAS)

Can-Fit-Pro testing is provided for graduates



CLASSES START June 13th

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1644 Bank St. **www.algonquinacademy.com**

This organization CAREs for nurses

Agency helps foreign-trained nurses qualify to work in Ontario

Just under 10 per cent of Ontario nurses trained outside the country

All that Lia Musetti wanted was to be a Registered Nurse in Ontario. But she was convinced it would never, ever happen.

The 49-year-old RN from Sao Paulo, Brazil immigrated to Toronto in 1996 and, on at least three occasions, ordered a package from the College of Nurses of Ontario about how to upgrade her education.

Every time, she would look at the pile of papers and shake her head dismally.

"It seemed hard, almost impossible."

Then in 2004, Musetti decided she had to get back into nursing and signed up for a two-year Registered Practical Nursing program at George Brown College.

But after two years of practising, she realized her heart wasn't in it — she wanted to be an RN.

She mustered the courage and finally started the process to get her license in Ontario.

It wasn't easy: the College of Nurses wanted her to take 17 credits. Musetti was on the verge of giving up on her dream forever when she heard about the Creating Access to Regulated Employment, better known by its acronym CARE.

In the end, she took three credits and was helped with exam preparation.

Within months, she had cleared all her exams and now works for St. Elizabeth Healthcare as a community nurse.

"I love it and I couldn't have done it without CARE," she says.

Almost 10 per cent of the province's registered nurses and practical nurses received their initial training outside Canada.

CARE was launched in 2001 to help them get accredited to work here.

Initially funded through a grant from the Ministry of Training, Colleges and Universities, it now receives money from Citizenship and Immigration Canada.

1,000

CARE has helped more than 1,000 internationally educated nurses, representing more than 140 countries. Zubeida Ramji, executive director of the organization, says many are from Philippines, India, China and Iran.

"CARE provides support to international nurses who immigrate to Ontario and want to pursue the profession," explains Zubeida Ramji, executive director of the organization.

Most have a lot of experience but they have to go through a regulatory process and meet requirements of the College of Nurses.

"CARE helps navigate the system so that these internationally educated nurses have greater chances of becoming successful in a reasonable period of time," says Ramji.

The amount of time it takes the nurses to get licensed in Ontario depends on their nursing education and experience.

"CARE doesn't have any control over that," says Ramji.

The college does the assessment and tells them what they need to do.

Some complete the process in as few as four months, but most take about 18 to 20 months.

TORSTAR NEWS SERVICE

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CANADIAN NURSES ASSOCIATION
cna-aiic.ca

Bombers select top linebacker in CFL draft

The Winnipeg Blue Bombers selected St. Francis Xavier linebacker Henoc Muamba first overall in the CFL Canadian college draft yesterday.

The six-foot, 230-pound Muamba was Canadian university football's top defensive player last season.

But the Mississauga, Ont., native is expected to contribute immediately on Winnipeg's special teams as he learns the nuances of the Bombers defence.

Winnipeg secured the first overall selection for the first time since 1975 after posting a league-worst 4-14 record last year.

The move wasn't a surprise as Muamba was in Winnipeg yesterday so the CFL club could unveil its first overall pick in the Manitoba capital.

"I'm excited," Muamba told TSN. "I'm ready to go back to work and make an impact on the team."

The Edmonton Eskimos followed by taking Rice offensive lineman Scott Mitchell at No. 2.

The six-foot-five, 295-pound Mitchell, a Montreal native who grew up in Ottawa, was the top-ranked draft prospect by the CFL's Scouting Bureau and had been mentioned as a first-overall candidate.

The Calgary Stampeders moved up to No. 3 in a trade with the B.C. Lions and selected Calgary Dinos receiver Anthony Parker.

The six-foot-two, 215-pound Parker struggled mightily in Calgary's 29-2 Vanier Cup loss to Laval but bounced back with a stellar showing at the CFL's evaluation camp.

Calgary head coach and GM John Hufnagel said Parker has been on his radar screen for some time.

"He has been," Hufnagel said. "There are a lot of quality receivers in the draft and we wanted to make sure we came out of the first round with a receiver.

"We're glad Anthony was available."

THE CANADIAN PRESS

DARRYL DYCK/THE CANADIAN PRESS

▶ Nashville Predator Joel Ward tries to dig the puck free as Roberto Luongo covers up during Game 5 in Vancouver on Saturday

Canucks hope to avoid a Game 7

Vancouver has mostly dominated the Predators A loss will force Game 7 in another series that the Canucks should have wrapped up earlier

The Nashville Predators will be the opponent when the Vancouver Canucks are forced to play a game they hoped to avoid.

But the team the Canucks don't want beating them tonight in Game 6 of the Western Conference semifinal is themselves.

Vancouver mistakes, turnovers and bad bounces helped give the Predators a 4-3 victory Saturday that allowed Nashville to stay alive in the playoffs. The Canucks lead the series 3-2, but know they must reduce their errors to avoid a Game 7 back in Vancouver Wednesday.

"We have to make sure that one mistake doesn't turn into two," Ryan Kesler said through swollen lips prior to the Canucks boarding an airplane yesterday for the long flight to Nashville.

"It's a game of mistakes out there. You are going to make mistakes, no one is perfect. For us, we have to try and eliminate the mistakes. Make one, not two."

Kesler lost a tooth and needed stitches to close a gash on his chin after being hit in the face with a puck Saturday. He returned to score his second goal of the night in a losing cause.

The gritty centre has been the best Canuck in the playoffs. He's scored five goals in the last three games and has been a dominating physical force.

The Predators return home believing they can still advance to the next round of the playoffs.

"We knew we weren't going to quit and it's far from over," said defenceman Shea Weber. "They've got to come out with their best effort next game and we've got to be ready."

"We made mistakes and it cost us. It's all about us. When we are playing our game, and executing, we usually have good results."
ROBERTO LUONGO

THE CANADIAN PRESS

Mavs sweep Jackson into retirement

So long, Phil. So long, chances for another Lakers three-peat.

Hello, Western Conference finals for Dirk Nowitzki and the Dallas Mavericks.

Jason Terry tied an NBA post-season record with nine three-pointers and the Mavericks matched a league playoff mark with 20 threes on their way to a 122-86 victory over the Lakers yesterday and a sweep of their second-round series against the most successful coach in NBA history and the two-time defending champions.

Phil Jackson left the court with a tight smile, accepting hugs and handshakes from Dallas coach Rick Carlisle, Jason Kidd and Mark Cuban. It was the first time he'd been swept in his 21 post-seasons on the sideline. It hadn't happened to Bryant and the Lakers since 1999, the year before the Zen Master arrived in L.A.

While Jackson, 65, would have preferred going out with a 12th title — bundled neatly in four three-peats — this exit does nothing to tarnish his legacy.

THE ASSOCIATED PRESS

RICHARD W. RODRIGUEZ/THE ASSOCIATED PRESS

▶ Jason Terry

4 sports

Sports in brief

1 Novak Djokovic beat Rafael Nadal at the Madrid Open yesterday.

2 Manny Pacquiao earned a unanimous decision over Sugar Shane Mosley on Saturday night.

3 Manchester United beat Chelsea 2-1 yesterday, leaving them a point away from a record 19th English title.
THE ASSOCIATED PRESS

NATIONAL HOCKEY LEAGUE

PLAYOFFS

All times Eastern

CONFERENCE SEMI-FINALS

(Best-of-7 series)

EASTERN CONFERENCE

WASHINGTON VS. TAMPA BAY
(Tampa Bay wins 4-0)
PHILADELPHIA VS. BOSTON
(Boston wins 4-0)

WESTERN CONFERENCE

VANCOUVER VS. NASHVILLE
(Vancouver leads 3-2)
Saturday's result
Nashville 4 Vancouver 3
Tonight's game
Vancouver at Nashville, 8 p.m.
Wednesday's game
x-Nashville at Vancouver, TBA
SAN JOSE VS. DETROIT
(San Jose leads 3-1)
Last night's result
Detroit at San Jose
Tomorrow's game
x-San Jose at Detroit, TBA
Thursday's game
x-Detroit at San Jose, TBA
x — if necessary.

SATURDAY

PREDATORS 4, CANUCKS 3

First Period
1. Nashville, Legwand 4 (Ward) 3:42 (sh)
2. Vancouver, Torres 1 (Hansen, Hamhuis) 5:59
3. Vancouver, Kesler 4 (Raymond, Higgins) 15:06
Penalty — Kostitsyn Nash (holding the stick) 3:31.
Second Period
4. Nashville, Legwand 5, 0:51
Penalties — Vancouver bench (too many men; served by Torres) 7:22, Legwand Nash (cross-checking), Ehrhoff Vcr (roughing) 16:04.
Third Period
5. Nashville, Ward 6 (Fisher) 1:14
6. Nashville, Ward 7 (Tootoo) 5:45
7. Vancouver, Kesler 5 (Edler, Torres) 16:14
Penalties — Fisher Nash, Ehrhoff Vcr (roughing) 9:11, O'Brien Nash (holding) 10:35.
Shots

Nashville	5	8	10	—23
Vancouver	12	8	12	—32

Goal — Nashville: Rinne (W,6-5-0); Vancouver: Luongo (L,7-5-0). **Power plays (goals-chances)** — Nashville: 0-1; Vancouver: 0-2.
Referees — Paul Devorski, Dan O'Rourke.
Linesmen — Brad Lazarowich, Jay Sharrers.
Att. — 18,860 (18,810) at Vancouver.

SCORING LEADERS

	G	A	Pt
St. Louis, TB	6	7	13
Kesler, Vcr	5	8	13
Lecavalier, TB	5	7	12
Clowe, SJ	4	8	12
P.Bergeron, Bos	2	10	12
Downie, TB	2	10	12
Giroux, Pha	1	11	12
Ward, Nash	7	5	12
Marchand, Bos	5	6	11
Purcell, TB	1	10	11
Horton, Bos	5	5	10
Krejci, Bos	5	5	10
Ovechkin, Wash	5	5	10
Cammalleri, Mtl	3	7	10
Datsyuk, Det	3	7	10
Briere, Pha	7	2	9
D.Sedin, Vcr	5	4	9
Couture, SJ	3	6	9
Ehrhoff, Vcr	2	7	9
J.Thornton, SJ	2	7	9
Bergenheim, TB	7	1	8
Legwand, Nash	5	3	8
Burrows, Vcr	4	4	8
Boyle, SJ	2	6	8
Moore, TB	2	6	8
Perry, Ana	2	6	8
H.Sedin, Vcr	1	7	8
van Riemsdyk, Pha	7	0	7
Selanne, Ana	6	1	7
Kelly, Bos	4	3	7
Lidstrom, Det	4	3	7
Fisher, Nash	3	4	7
Gagne, TB	2	5	7
Recchi, Bos	2	5	7
Gragnani, Buf	1	6	7
S.Koivu, Ana	1	6	7
Laich, Wash	1	6	7
M.Richards, Pha	1	6	7
Keith, Chi	4	2	6
Pavelski, SJ	4	2	6
Semin, Wash	4	2	6
Stamkos, TB	4	2	6
Heatley, SJ	3	3	6
Bolland, Chi	2	4	6
Edler, Vcr	2	4	6
Getzlaf, Ana	2	4	6
Holmstrom, Det	2	4	6
Hossa, Chi	2	4	6
Johansson, Wash	2	4	6
Meszaros, Pha	2	4	6
Spaling, Nash	2	4	6
Arnott, Wash	1	5	6
Brewer, TB	1	5	6
Erat, Nash	1	5	6
Franson, Nash	1	5	6
Green, Wash	1	5	6
P.Kane, Chi	1	5	6
Myers, Buf	1	5	6
Peverley, Bos	1	5	6
Seidenberg, Bos	1	5	6
Suter, Nash	1	5	6
Timonen, Pha	1	5	6
Tootoo, Nash	1	5	6
Versteeg, Pha	1	5	6
Wellwood, SJ	1	5	6
I.White, SJ	1	5	6
Vanek, Buf	5	0	5
Setoguchi, SJ	4	1	5
Doan, Phx	3	2	5
Clifford, LA	3	2	5
Gionta, Mtl	3	2	5
Leino, Pha	3	2	5
Malone, TB	3	2	5
Sharp, Chi	3	2	5
S.Weber, Nash	3	2	5
Bertuzzi, Det	2	3	5
Frolik, Chi	2	3	5
Helm, Det	2	3	5
Lucic, Bos	2	3	5
Marleau, SJ	2	3	5
Richardson, LA	2	3	5
Plekanec, Mtl	2	3	5
Ryder, Bos	2	3	5
Smyth, LA	2	3	5
Vrbata, Phx	2	3	5

Last night's game not included

HOCKEY

IIHF

MEN'S WORLD CHAMPIONSHIP

QUALIFICATION ROUND
Group E

	GP	W	OW	OL	L	GF	GA	Pt
Czech Rep.	4	4	0	0	0	14	5	12
Finland	4	2	1	0	1	13	8	8
Germany	4	2	0	2	0	13	12	8
Russia	4	2	0	0	2	10	11	6
Denmark	4	0	1	0	3	8	18	2
Slovakia	4	0	0	0	4	9	13	0

Group F

	GP	W	OW	OL	L	GF	GA	Pt
Canada	**4**	**2**	**2**	**0**	**0**	**20**	**9**	**10**
Sweden	4	3	0	1	0	16	7	10
USA	4	2	0	1	1	12	14	7
Norway	4	1	1	0	2	12	13	5
Switzerland	4	0	1	1	2	6	9	3
France	4	0	0	1	3	3	17	1

Note: 3 points for a regulation win, 2 for an overtime win and 1 for an overtime loss.
Sunday's results
At Bratislava
Czech Republic 3, Russia 2
At Kosice
Sweden 2, Switzerland 0
Saturday's results
At Bratislava
Denmark 4, Germany 3 (SO)
Finland 2, Slovakia 1
At Kosice
Canada 3, Norway 2
United States 3, France 2
Today's games
All times Eastern
At Bratislava
Slovakia vs. Denmark, 6:15 a.m.
Russia vs. Finland, 10:15 a.m.
Germany vs. Czech Republic, 2:15 p.m.
At Kosice
France vs. Norway, 6:15 a.m.
Switzerland vs. United States, 10:15 a.m.
Canada vs. Sweden, 2:15 p.m.
QUARTER-FINALS
All games at Bratislava
Wednesday's games
At Bratislava
QF1, 10:15 a.m.
QF2, 2:15 p.m.
Thursday's games
QF3, 10:15 a.m.
QF4, 2:15 p.m.
Note: 1E-4F and 2F-3E will be allocated on one day and 1F-4E and 2E-3F on the other. If Slovakia qualifies for the quarter-finals, they will play the 2:15 game on May 11.

HOCKEY

SATURDAY

CANADA 3, NORWAY 2

First Period
1. Canada, Spezza 3 (Nash, Neal) 15:26
Penalties — Burns Can (tripping) 0:43, Pietrangelo Can (high-sticking) 1:16, Hansen Nor (interference) 7:05, Skinner Can (slashing) 10:53, Bonsaksen Nor (interference) 16:31, Tollefsen Nor (cross-checking) 17:59.
Second Period
2. Canada, Tavares 4, 10:15
Penalties — Neal Can (high-sticking) 6:25, Tavares Can (charging) 14:32.
Third Period
3. Canada, Neal 1 (Nash, Spezza) 9:02
4. Norway, Olimb 2 (Roymark) 11:36
5. Norway, Holtet 2 (Tollefsen, Ask) 12:49
Penalties — Kane Can (tripping) 2:19, Spezza Can (cross-checking) 14:00.
Shots

Canada	**14**	**20**	**9**	**—43**
Norway	**11**	**8**	**8**	**—27**

Goal — Canada: Bernier (W,1-0-0); Norway: Haugen (L,3-2-0). **Power plays** (goals-chances) — Canada: 0-3; Norway: 0-7.
Referees — Jyri Petteri Ronn (Finland), Vladimir Sindler (Czech Republic). **Linesmen** — Milan Novak (Slovakia), Sirko Schulz (Germany).
Att. — 4,978. at Kosice, Slovakia

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	19	13	.594	—
Tampa Bay	20	14	.588	—
Boston	16	18	.471	4
Toronto	15	19	.441	5
Baltimore	14	19	.424	5½

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	22	11	.667	—
Kansas City	18	16	.529	4½
Detroit	17	18	.486	6
Minnesota	12	20	.375	9½
Chicago	13	22	.371	10

WEST DIVISION

	W	L	Pct	GB
Los Angeles	20	15	.571	—
Texas	18	17	.514	2
Oakland	18	17	.514	2
Seattle	16	19	.457	4

Sunday's results
Detroit 5 Toronto 2
L.A. Angels 6 Cleveland 5
Oakland 5 Kansas City 2
Tampa Bay 5 Baltimore 3
Boston 9 Minnesota 5
N.Y. Yankees 12 Texas 5
Chicago White Sox 5 Seattle 2 (10 innings)
Saturday's results
Detroit 9 Toronto 0
Texas 7 N.Y. Yankees 5
Chicago White Sox 6 Seattle 0
Tampa Bay 8 Baltimore 2
Kansas City 4 Oakland 3
Boston 4 Minnesota 0
Cleveland 4 L.A. Angels 3
Tonight's games
All times Eastern
Detroit (Scherzer 5-0) at Toronto (Morrow 1-1), 7:07 p.m.
Minnesota (Blackburn 2-4) at Boston (Beckett 2-1), 7:10 p.m.
Oakland (Cahill 5-0) at Texas (C.Wilson 4-1), 8:05 p.m.
Chicago White Sox (E.Jackson 2-4) at L.A. Angels (E.Santana 1-3), 10:05 p.m.
Tomorrow's games
Kansas City at N.Y. Yankees, 7:05 p.m.
Seattle at Baltimore, 7:05 p.m.
Tampa Bay at Cleveland, 7:05 p.m.
Boston at Toronto, 7:07 p.m.
Oakland at Texas, 8:05 p.m.
Detroit at Minnesota, 8:10 p.m.
Chicago White Sox at L.A. Angels, 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	22	10	.688	—
Florida	20	13	.606	2½
Atlanta	19	16	.543	4½
Washington	16	18	.471	7
New York	15	19	.441	8

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	20	15	.571	—
Cincinnati	18	16	.529	1½
Pittsburgh	17	17	.500	2½
Chicago	15	18	.455	4
Milwaukee	14	20	.412	5½
Houston	13	21	.382	6½

WEST DIVISION

	W	L	Pct	GB
Colorado	18	14	.563	—
San Francisco	18	16	.529	1
Los Angeles	16	19	.457	3½
Arizona	15	18	.455	3½
San Diego	14	20	.412	5

Sunday's results
San Francisco 3 Colorado 0
Florida 8 Washington 0
Cincinnati 2 Chicago Cubs 0
St. Louis 3 Milwaukee 1
San Diego 4 Arizona 3
Pittsburgh 5 Houston 4
L.A. Dodgers 4 N.Y. Mets 2
Atlanta at Philadelphia
Saturday's results
San Francisco 3 Colorado 2
Philadelphia 3 Atlanta 0
Arizona 6 San Diego 0
Milwaukee 4 St. Louis 0
Washington 5 Florida 2
Chicago Cubs 3 Cincinnati 2
Pittsburgh 6 Houston 1
N.Y. Mets 4 L.A. Dodgers 2
Tonight's games
All times Eastern
L.A. Dodgers (Billingsley 2-1) at Pittsburgh (Karstens 2-1), 7:05 p.m.
Philadelphia (Blanton 0-1) at Florida (Vazquez 2-2), 7:10 p.m.
Cincinnati (T.Wood 1-3) at Houston (An.Rodriguez 0-0), 8:05 p.m.
San Diego (Latos 0-4) at Milwaukee (Greinke 0-1), 8:10 p.m.
N.Y. Mets (Capuano 2-3) at Colorado (Chacin 4-2), 8:40 p.m.
Tomorrow's games
L.A. Dodgers at Pittsburgh, 7:05 p.m.
Philadelphia at Florida, 7:10 p.m.
Washington at Atlanta, 7:10 p.m.
Cincinnati at Houston, 8:05 p.m.
St. Louis at Chicago Cubs, 8:05 p.m.
San Diego at Milwaukee, 8:10 p.m.
N.Y. Mets at Colorado, 8:40 p.m.
Arizona at San Francisco, 10:15 p.m.

GOLF

PGA

WELLS FARGO CHAMPIONSHIP

At Charlotte, N.C.
Par 72 (36-36)
Final Round
(x-won on first playoff hole)

x-Lucas Glover $1,170,000	67-68-69-69—273
Jonathan Byrd $702,000	66-68-67-72—273
Rory Sabbatini $442,000	72-71-66-65—274
Bill Haas $312,000	64-70-71-70—275
Kevin Na $260,000	69-69-67-71—276
Zach Johnson $217,750	73-69-67-68—277
Bobby Gates $217,750	69-70-69-69—277
Pat Perez $217,750	67-65-70-75—277
Phil Mickelson $150,429	69-66-74-69—278
Padraig Harrington $150,429	69-72-69-68—278
Vijay Singh $150,429	68-68-73-69—278
Robert Garrigus $150,429	72-67-70-69—278

LACROSSE

NLL PLAYOFFS

DIVISION FINALS

Saturday's results
EAST DIVISION
Toronto 12 Buffalo 11
WEST DIVISION
Washington 10 Calgary 8

FINAL

Sunday, May 15
Washington at Toronto, 2 p.m. (EDT)

TENNIS

ATP-WTA

MADRID OPEN

At Madrid
Men's Singles — Final
Novak Djokovic (2), Serbia, def. Rafael Nadal (1), Spain, 7-5, 6-4.
Men's Singles — Semi-finals
Rafael Nadal (1), Spain, def. Roger Federer (3), Switzerland, 5-7, 6-1, 6-3.
Novak Djokovic (2), Serbia, def. Thomaz Bellucci, Brazil, 4-6, 6-4, 6-1.
Women's Singles — Final
Petra Kvitova (16), Czech Republic, def. Victoria Azarenka (4), Belarus, 7-6 (3), 6-4.
Women's Singles — Semi-finals
Victoria Azarenka (4), Belarus, def. Julia Goerges, Germany, 6-4, 6-2.
Petra Kvitova (16), Czech Republic, def. Li Na (6), China, 6-3, 6-1.

SOCCER

MLS

Saturday's results
Toronto FC 2 Houston 1
Real Salt Lake 1 Chivas USA 0
Colorado 0 New England 0
Seattle FC 1 Columbus 1
FC Dallas 0 D.C. United 0
Vancouver 0 Chicago 0
New York 1 Los Angeles 1

ENGLAND

Sunday's results
PREMIER LEAGUE
Manchester United 2 Chelsea 1
Stoke 3 Arsenal 1
Wolverhampton Wan. 3 W.Bromwich Albion 1

SCOTLAND

PREMIER LEAGUE
Kilmarnock 0 Celtic 2

NBA

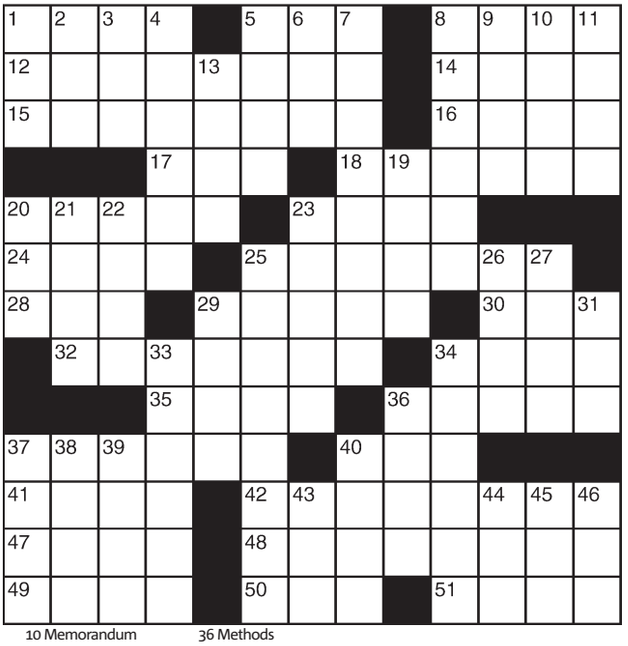
PLAYOFFS

All times Eastern

SECOND ROUND

(Best-of-7 series)
EASTERN CONFERENCE
Chicago (1) vs. Atlanta (5)
(Series leads 2-1)
Sunday's result
Chicago at Atlanta
Tomorrow's game
Atlanta at Chicago, 8 p.m.
Miami (2) vs. Boston (3)
(Miami leads 2-1)
Saturday's result
Boston 97 Miami 81
Tonight's game
Miami at Boston, 7 p.m.
WESTERN CONFERENCE
L.A. Lakers (2) vs. Dallas (3)
(Dallas wins 4-0)
Sunday's result
Dallas 122 L.A. Lakers 86
Oklahoma City (4) vs. Memphis (8)
(Memphis leads 2-1)
Saturday's result
Memphis 101 Oklahoma City 93 (OT)
Tonight's game
Oklahoma City at Memphis, 9:30 p.m.

Crossword



Across

1 "You've got —"
5 Japanese sash
8 Remain undecided
12 Car starter
14 Lotion additive
15 Round Table VIP
16 "Bye"
17 Dinner for Dobbin
18 Had coming
20 Tashkent native
23 Threesome
24 Carriage
25 Kids' baseball site
28 Sch. org.
29 — -ski
30 Cistern
32 Rorschach picture
34 One of the Gospels
35 Settled down
36 U.S. voters since 1920
37 Rue
40 Droop
41 Eye layer
42 Multi-linguistic person
47 Transmitted
48 Gradual destructions
49 Genealogy chart
50 Penny profile
51 Sheltered

Down

1 Wire measure
2 — Khan
3 Hostel
4 Reindeer moss, e.g.
5 Unctuous
6 Halloween shout
7 Wi-Fi hookup
8 Walk a beat, maybe
9 Verve
10 Memorandum
11 Out of play
13 Ship-building wood
19 Helps
20 Diamond arbiter
21 Tubular pasta
22 Pinto or lima
23 Fortune-telling deck
25 Green soup variety
26 Egg
27 Obtain
29 Competent
31 Midmorning hour
33 Chopping spree?
34 Actor Robert from "Big
36 Methods
37 Oxidation
38 Always
39 Kelly or Hackman
40 — gin fizz
43 Sphere
44 Chatroom chuckle
45 Inseparable
46 Mao — -tung

▶ Yesterday's answer

T	A	J		A	M	I	S		C	U	L	L
A	D	O		T	O	N	E		A	S	E	A
P	A	Y	P	H	O	N	E		J	E	S	T
		F	O	O	D			H	O	R	S	E
A	G	U	E	S		D	E	A	L			
C	A	L	M		H	A	Y	F	E	V	E	R
I	L	L		C	O	M	E	T		A	R	E
D	A	Y	L	A	B	O	R		L	U	G	S
			A	V	O	N		P	I	L	O	T
S	P	I	R	E			D	I	E	T		
W	O	O	D		M	A	Y	Q	U	E	E	N
A	N	T	E		E	S	A	U		R	K	O
G	E	A	R		W	I	N	E		S	E	W

Sudoku

	2		8		1		6	
3								1
		6		9		4		
	3	9		1		8	2	
	1			5			7	
	6	2		3		1	5	
		3		7		9		
4								2
	8		9		3		4	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	2	8	9	4	5	6	3	7
3	5	4	8	7	6	1	2	9
6	7	9	2	3	1	4	8	5
7	4	2	6	5	8	9	1	3
5	1	6	4	9	3	8	7	2
8	9	3	7	1	2	5	4	6
9	8	1	3	6	7	2	5	4
4	3	5	1	2	9	7	6	8
2	6	7	5	8	4	3	9	1

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

booboo, Heart u... miss u jellybean! you are my girl muahhzzzz hugs n kisses. lots of love n laughs.....
From **WABU WABU**

my love, Wherever you go, whatever you do, I will be right here waiting for you. Whatever it takes, or how my heart breaks, I will be right here waiting for you.
From Daisy

PuMpKiN_, Bummie i mishh u soo much lotz of huggies and kissies....
From ***NADIA***

My Alison, You're most likely doing the crossword right now. The answer for 8 Across is Mississippi. No? Well, I miss you babe. It's hard working out of province but I'm looking forward to seeing you soon. You're my sunshine. Love you and ttyl.
From Your **TY**

Today 18°/6° Sunny
Tuesday 18°/8° Sunny
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Go wherever you want to go and do whatever you want to do.
♉ Taurus April 21-May 21 Surrender yourself to the powers of the universe and don't worry about where you might end up.
♊ Gemini May 22-June 21 Don't be suspicious of people you don't get along with are now acting friendly.
♋ Cancer June 22-July 22 Whatever you ask of your employer they will do their best to deliver, so ask away.
♌ Leo July 23-Aug.23 If you are making plans for your next vacation don't let a lack of cash hold you back.
♍ Virgo Aug. 24- Sept. 22 Your feelings for a certain person are deeper than they or anyone else seems to realize.
♎ Libra Sept. 23-Oct. 23 You can expect some heart-warming developments on the relationship front.
♏ Scorpio Oct. 24-Nov. 22 Be intense, but be adaptable too.
♐ Sagittarius Nov. 23-Dec. 21 Everything will go right for you today.
♑ Capricorn Dec. 22-Jan. 20 Make it your business to say nice things to everyone you meet today.
♒ Aquarius Jan. 21-Feb. 18 Friends and loved ones will rally round and together you'll get the week off to an almost perfect start.
♓ Pisces Feb. 19-March 20. Some things are best kept in the dark.

SALLY BROMPTON

Caption contest

DARRYL DYCK/THE CANADIAN PRESS

KYODO NEWS/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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- Stow N Go, Load, A/C
- st: 31984
- km: 90052

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07 Toyota Camry LE
- Load, A/C, Auto
- st: 31960
- km: 94029

$12,960
$118** Bi-weekly

07 Acura TSX
- Load, A/C, Roof, Lthr, Auto
- st: 31967
- km: 91360

$16,850
$153** Bi-weekly

07 Volvo S40
- Load, A/C, Auto
- st: 31705
- km: 87043

$15,870
$145** Bi-weekly

09 Avenger
- Load, A/C, Auto
- st: 31736
- km: 81762

$10,650
$86*** Bi-weekly

10 Toyota Corolla LE
- Load, A/C, Auto
- st: 29489
- km: 30257

$16,850
$136*** Bi-weekly

07 Ford F-150
- Load, A/C, Auto
- st: 31013
- km: 66106

$17,420
$159** Bi-weekly

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10 Mustang Convert
- Load, A/C, Auto
- st: 31839
- km: 53533

$23,850
$185*** Bi-weekly

06 Nissan X-Trail XE
- Load, A/C, Auto
- st: 31654
- km: 73849

$11,650
$123* Bi-weekly

07 Calibre SXT
- Load, A/C
- st: 31400
- km: 102118

$8,940
$81** Bi-weekly

06 Altima 2.5 SE
- Load, A/C, Auto
- st: 29819
- km: 91691

$9,960
$105* Bi-weekly

07 Mazda3
- Std
- st: 31970
- km: 81193

$8,260
$75** Bi-weekly

08 Saturn Astra EX
- Load, A/C, Std
- st: 31916
- km: 31337

$9,980
$91** Bi-weekly

08 Liberty Trail Rated
- 4WD, Load, A/C, Auto
- st: 11146-A
- km: 42002

$16,950
$159** Bi-weekly

07 Cadillac CTS
- Load, Roof, Lthr, Auto
- st: 31861
- km: 65248

$17,840
$162** Bi-weekly

09 Kia Rio
- Load, A/C, Std
- st: 31178
- km: 44890

$9,960
$81*** Bi-weekly

07 Compass Sport
- Load, A/C
- st: 31709
- km: 94154

$9,950
$91** Bi-weekly

09 PT-Cruiser
- Load, A/C, Auto
- st: 31806
- km: 65742

$8,950
$72*** Bi-weekly

08 Pontiac G5 Coupe
- A/C, Auto
- st: 31249
- km: 68951

$8,650
$79** Bi-weekly

08 Ford Escape XLT
- Load, A/C, Auto
- st: 11032-A
- km: 55221

$14,840
$135** Bi-weekly

07 Accord SE
- A/C, Std
- st: 31926
- km: 88855

$12,740
$116** Bi-weekly

07 Sebring
- Load, A/C
- st: 31515
- km: 86262

$9,680
$88** Bi-weekly

07 Ford Focus SE
- Load, A/C
- st: 31662
- km: 78401

$6,980
$64** Bi-weekly

06 Sportage LX
- AWD, Load, A/C
- st: 31281
- km: 109845

$9,980
$105* Bi-weekly

07 Montana SV6
- Load, A/C
- st: 31570
- km: 94151

$9,370
$85** Bi-weekly

08 Sienna LE
- Load, A/C, Auto
- st: 29575
- km: 71184

$19,950
$182** Bi-weekly

07 Lincoln MKZ
- AWD, Load, NAV, Roof, Lthr
- st: 31917
- km: 53353

$19,870
$181** Bi-weekly

07 Mazda5 GS
- Load, A/C
- st: 31628
- km: 113646

$9,410
$86** Bi-weekly

08 Elantra
- Std
- st: 31585
- km: 87573

$7,380
$67** Bi-weekly

07 Uplander LS
- Load, A/C
- st: 31512
- km: 90245

$9,650
$88** Bi-weekly

07 Toyota Yaris
- Auto
- st: 31909
- km: 84941

$8,350
$76** Bi-weekly

09 Mini Cooper
- Load, A/C, Roof, Std
- st: 31838
- km: 73289

$21,840
$169*** Bi-weekly

07 Mazda CX-7 GS
- AWD, Load, A/C, Auto
- st: 29811
- km: 67352

$15,840
$144** Bi-weekly

07 Ford Ranger Sport
- Load, A/C, Auto
- st: 31421
- km: 66452

$11,850
$108** Bi-weekly

10 Matrix
- Load, A/C, Auto
- st: 31045
- km: 44910

$15,940
$129*** Bi-weekly

07 Freestyle SEL
- Load, A/C, Auto
- st: 31952
- km: 85238

$13,840
$126** Bi-weekly

09 Sentra Xtronic CVT
- Load, A/C, Auto
- st: 31818
- km: 67230

$10,950
$89*** Bi-weekly

06 Acura CSX
- Load, A/C, Auto
- st: 31270
- km: 90689

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